

SEMI-PRIVATE TRAINING - TIER 2

Advancement to Tier Two is attained through taking additional company education and a proven track record of client results.

Single Payment Plan*

TIER 2 ONE HOUR			
Your Commitment	Single Payment	Cost Per Session	
8 Sessions	\$440.00	\$55.00	
16 Sessions	ns \$800.00 \$50.00		
24 Sessions	\$1,140.00	\$47.50	

TIER 2 HALF-HOUR			
Your Commitment	Single Payment	Cost Per Session	
8 Sessions	\$242.00	\$30.25	
16 Sessions	\$440.00	\$27.50	
24 Sessions	\$630.00	\$26.25	

Benefits · Lowest Price Per Session · Access to all sessions at purchase date · More flexibility for scheduling

Monthly Payment Plan*

TIER 2 ONE HOUR			
Your Commitment	Monthly Payment	Cost Per Session	
2 Months (8x/month)	\$420.00	\$52.50	
3 Months (8x/month)	\$400.00	\$50.00	
3 Months (12x/month)	\$570.00	\$47.50	

TIER 2 HALF-HOUR			
Your Commitment	Monthly Payment	Cost Per Session	
2 Months (8x/month)	\$232.00	\$29.00	
3 Months (8x/month)	\$220.00	\$27.50	
3 Months (12x/month)	\$315.00	\$26.25	

Benefits • Pay in installments rather than upfront • Access to monthly allotment of sessions · More structured scheduling

SMALL GROUP TRAINING

All Small Group Training sessions require 3 - 8 participants.

ONE HOUR		
Your Commitment	Package Cost	
8 Sessions	\$250.00	

HALF-HOUR		
Your Commitment	Package Cost	
8 Sessions	\$130.00	

*All Recurring Programs start with a partial month preceeding the monthly commitment. All programs expire 1 year after purchase date. All Personal Training sessions must be paid in full by check or credit card prior to the start of the first session. All sessions are non-refundable and non-transferable.

Cancellation Policy: You must give 24 hour notice of cancellation or you will be charged for your session.

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