



AMERICAN RED CROSS

LIFEGUARD CERTIFICATION

More Information

Pricing:

Recertification: \$175 | **Full Course:** \$295.00

All sessions must be attended. Participant must be 15 years or older by the end of class sessions. Must be able to continuously swim 300 yards using a combination of front crawl and breaststroke, swim 20 yards, remove a 10 lb. weight from seven feet of water, and swim back, (this is a timed event). Also, two minutes of treading water without using hands.

Register as soon as possible to secure your spot.

**For more information,
please contact:**

Aquatics Manager Lynda Dobbins
lyndad@fitnessandwellness.org

(Full schedule on the back)

Lifeguard Certification Class Schedule

APRIL				
RECERTIFICATION Saturday, April 11 th 9:00am–5:30pm	CLASS OPTIONS 1		CLASS OPTIONS 2	
	Thursday, April 2 nd	5:00pm–10:00pm	Monday, April 13 th	9:00am–6:30pm
	Saturday, April 4 th	9:00am–6:00pm	Tuesday, April 14 th	
	Sunday, April 5 th		Wednesday, April 15 th	
	Tuesday, April 7 th	5:00pm–10:00pm		
MAY				
RECERTIFICATION Saturday, May 2 nd 9:00am–5:30pm	CLASS 3		CLASS 4	
	Friday, May 1 st	5:00pm–10:00pm	Thursday, May 7 th	5:00pm–10:00pm
	Sunday, May 3 rd	9:00am–6:00pm	Tuesday, May 12 th	
	Tuesday, May 5 th	5:00pm–10:00pm	Thursday, May 14 th	
	Saturday, May 9 th	9:00am–6:00pm	Saturday, May 16 th	9:00am–6:00pm
		Tuesday, May 19 th	5:00pm–10:00pm	
JUNE				
RECERTIFICATION Saturday, June 6 th 9:00am–5:30pm	CLASS 5		CLASS 6	
	Monday, June 1 st	5:00pm–10:00pm	Thursday, June 4 th	5:00pm–10:00pm
	Wednesday, June 3 rd		Sunday, June 7 th	9:00am–6:00pm
	Monday, June 8 th		Thursday, June 11 th	5:00pm–10:00pm
	Wednesday, June 10 th		Sunday, June 14 th	9:00am–6:00pm
Saturday, June 13 th	9:00am–6:00pm			