

STUDIO 1	STUDIO 2	STUDIO 3	CYCLE	AQUA
8:00-9:00 MORNING BLEND JULIA				
9:00-10:00 BODY BLAST ELCIRA	9:00-10:00 HATHA YOGA JULIA	8:30-9:30 BODY COMBAT CAROL & SIOBHAN	9:00-10:30 CYCLE LISA AND THERESA	9:00-10:00** CARDIO CALIENTE BARBIE
		9:30-10:30 BODY PUMP CAROL		10:00-11:00 AQUA SCULPT PATRICIA
		10:30-11:30 ZUMBA BARBARA		

Monday, JULY 4, 2016

JULY 4TH Schedule

**CentraState Fitness & Wellness Center
Holiday Hours: 7:00 a.m. - 1:00 p.m.**